



Don't Just Survive —  
Really **Live**

# MORE GOOD YEARS

Do not use without permission from the South Dakota Department of Health.

Quitting can be the difference between quality time with your family and missing out to catch your breath. Enjoy your years really living. Kicking a tobacco addiction isn't easy, but it'll be worth it!

With South Dakota QuitLine, choose from 3 FREE ways to put out your last cigarette, let the vape pen die and close that tin for good. Leave tobacco in the past, and **live more good years.**

**1-866-SD-QUITS**

SOUTH DAKOTA  
**QUITLINE**

Paid for by the South Dakota Department of Health

**Call the QuitLine today! | 1-866-737-8487 | [SDQuitLine.com](http://SDQuitLine.com)**