



# SWEET POTATO TALKING POINTS

## 1. Introduction of the Sweet Potato

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## 2. A Slice of History about the Sweet Potato

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## 3. How do Sweet Potatoes grow?

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## 4. What season do we pick Sweet Potatoes?

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## 5. Vitamins and Minerals from the Sweet Potato

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6. How do you pick a good Sweet Potato?

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7. Let's try some Sweet Potatoes! (instructions on what the students do next)

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