



ROOT VEGETABLE TALKING POINTS

1. Introduction of Root Vegetables

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2. A Slice of History about Root Vegetables

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3. How do Root Vegetables grow?

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4. What season do we pick Root Vegetables?

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- _____
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5. Vitamins and Minerals from Root Vegetables

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6. How do you pick good Root Vegetables?

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7. Let's try some Root Vegetables! (instructions on what the students do next)

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