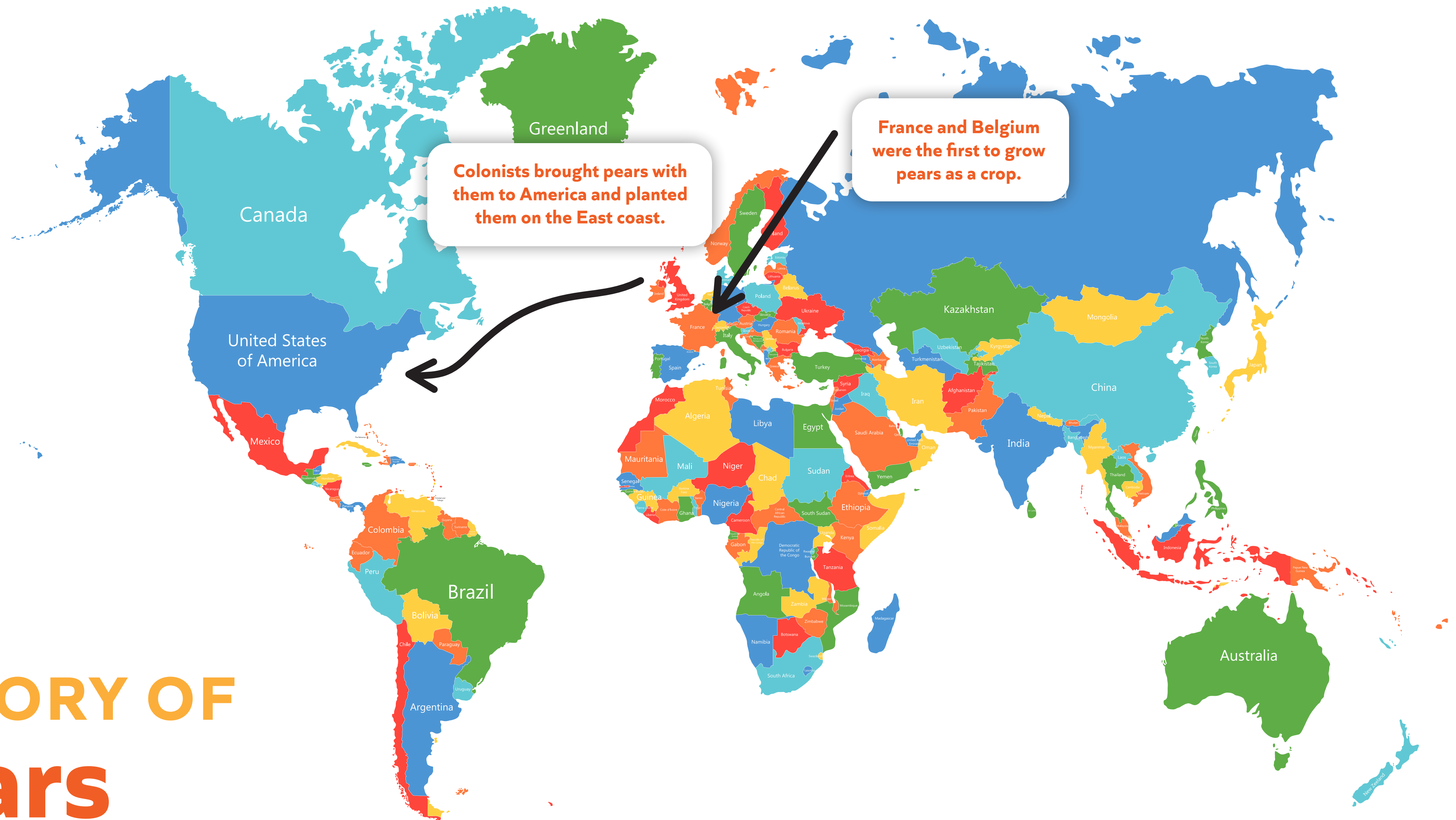


HARVEST OF THE MONTH:

Pears



HISTORY OF Pears





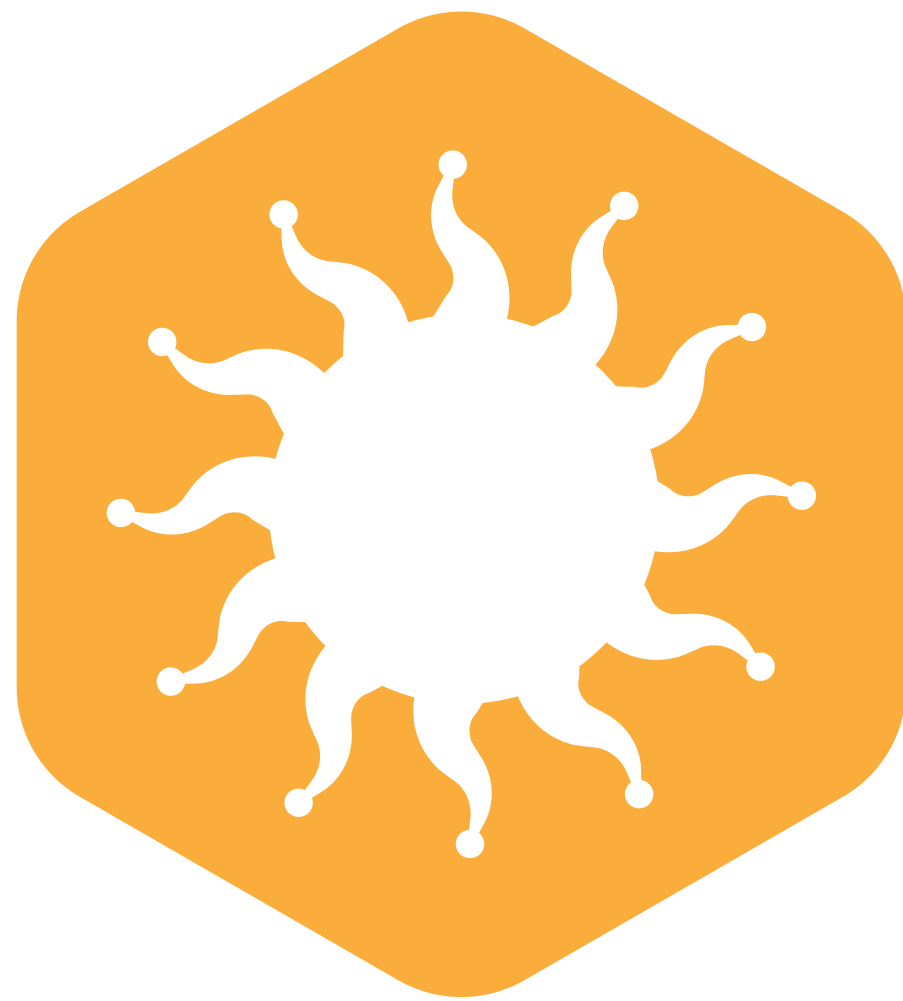
Pears grow on trees that prefer warm days and cool nights. Pears are harvested before they are ripe.



After pollination, the flowers swell to become the pears we eat.

HOW DO PEARS GROW?

WHAT SEASON DO WE PICK PEARS?



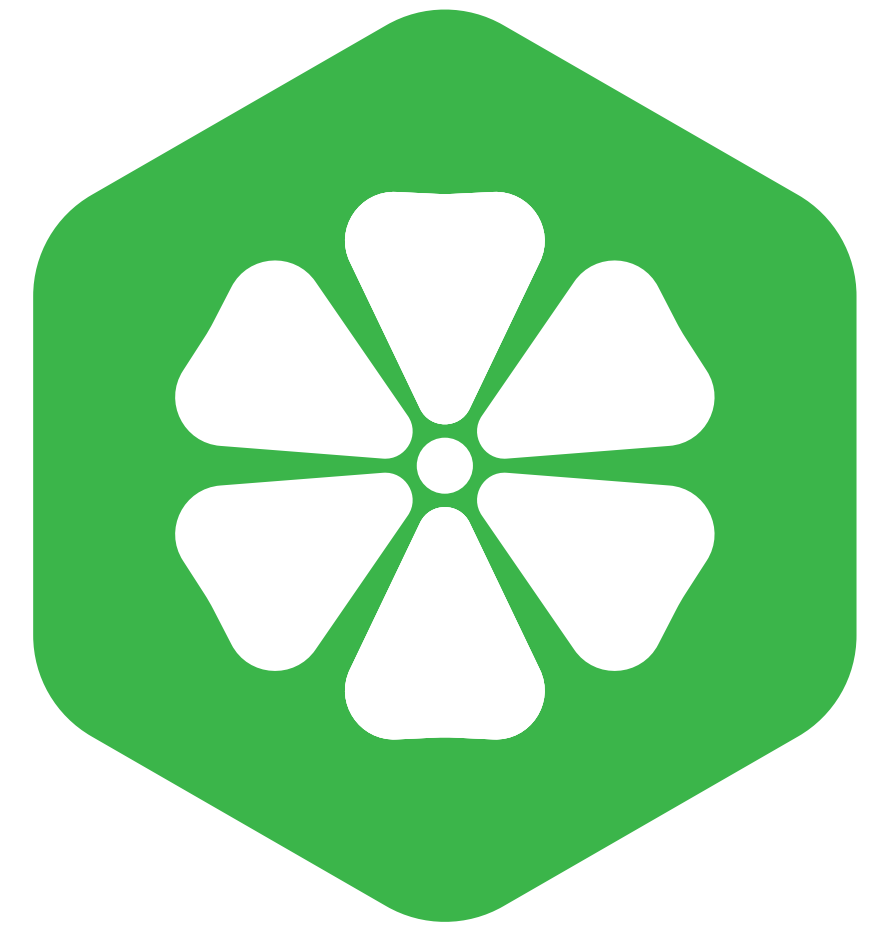
SUMMER



AUTUMN



WINTER



SPRING

WHY SHOULD WE EAT PEARS?

**Healthy immune system
(prevents colds)**



**Healthy digestion,
cleans out your system**



Healthy muscles



HOW DO YOU PICK A GOOD PEARS?

- Pears ripen from the inside out, so pick pears that are not too soft round the middle.
- Pears are harvested before they are ripe so that the gritty cells in the pear do not have time to develop.
- Then the pears are placed in a temperature controlled room until they are riper.



FUN FACT: Pears can be green, brown, red or yellow.



LET'S TRY SOME
Pears!

