



# DRIED FRUIT TALKING POINTS

## 1. Introduction of Dried Fruit

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## 2. A Slice of History about Dried Fruit

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## 3. How do they make Dried Fruit?

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## 4. What season do we get Dried Fruits?

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5. Vitamins and Minerals from Dried Fruits

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6. How do you pick good Dried Fruit?

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7. Let's try some Dried Fruits! (instructions on what the students do next)

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